

Poplar Farm Weekly Newsletter



Monday 5 October 2026

As mentioned in a Dojo post last week, the FoP December artwork project is now in its final few days. A reminder that if you haven't already done so, please ensure your child's artwork is completed and all details on the form are filled in before returning it to school no later than Tuesday 6th October.

Article 13 - Freedom of expression

In September, information was sent to parents to use the MCAS app to give permissions for walks in the local area, photos on the website etc. Thank you to those who have completed this, however we are still waiting for some to be finished. Please complete this task as soon as possible to ensure all permissions on our system are correct.

Article 18 - Parental responsibilities

Mrs Hodson

Head Teacher

Attendance

Last week, Class 2P had the highest attendance with 99.3%. Well done!

The whole school attendance for the week was 96.9%, which means the attendance for the year to date has fallen to 96.9%

Good attendance is essential for pupil wellbeing and academic progress. We aim for our attendance to be at least 97% and hope you can help us achieve this high attendance.

Article 28 - Right to an education

Well enough for school?

As children return to school in the autumn term, it is common for seasonal illnesses to circulate and for children to pick up bugs from one another.

While some illnesses require children to stay at home, many do not. The NHS has helpful guidance to support families in deciding whether a child is well enough to attend school. A link is provided below, and a summary poster can be found at the end of this newsletter.

[Is my child too ill for school? - NHS](#)

Article 24 - Right to the best health

Diary Dates

Monday 5 October - World Teachers' Day

Tuesday 6 October - Egypt, Independence Day

Tuesday 6 October - Artwork for FoP Xmas4Schools returned by today

Wednesday 7 October - Well Being Ambassadors to visit Newton House

Thursday 8 October - World Sight Day

Thursday 8 October - Mixed football event for 7 x Y5/6 children

Thursday 8 October - 2.50pm The Hive 'stay and play' session

Friday 9 October - 11+ results day

Friday 9 October - Hello Yellow Day

Saturday 10 October - World Mental Health Day

Monday 12 October - Y6 to Grafham Water for 2-night residential

Tuesday 13 October - 9.30am Open morning for EYFS applications

Wednesday 14 October - Y6 return from residential

Thursday 15 October - 2.30pm Y2 shared learning event with parents

Friday 16 October - The Hive visit to Newton Bridge Hydro Pool

Friday 16 October - 2.30pm Y1 shared learning event with parents

Monday 19 October - CGS Outreach PE profiling across school

Monday 19 October - 2.45pm Y5 shared learning event with parents

Tuesday 20 October - 2.45pm Y4 shared learning event with parents

Wednesday 21 October - Well Being Ambassadors to visit Newton House

Wednesday 21 October - 2.45pm Y3 shared learning event with parents

Thursday 22 October - CGS Outreach PE profiling across school

Hello Yellow Day

Hello Yellow Day is an annual mental health awareness campaign encouraging people to wear yellow and support young people's mental health. The day takes place on Friday 9 October, coinciding with World Mental Health Day, and is organised by YoungMinds, a UK charity dedicated to ensuring no young person feels alone with their mental health.

On Friday 9 October, we encourage everyone to stand out and wear something yellow to promote the day. This could be a hair accessory, socks, tights etc with usual school uniform. The campaign encourages individuals and schools to wear yellow and start conversations about mental health.

Article 13 - Freedom of expression



Phone: 01476 850680 / [School Website](#) / Instagram: poplarfarmschool

The Poplar Promise

We are: Problem solvers; Open minded & curious; Positive & independent; Loved & nurtured; Accepting of all; Resilient.

Is my child too ill for school?



Does your child have a high temperature (38°C or more)?

YES Keep them off school until it goes away.

NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature. Threadworms Speak to your pharmacist, who can recommend a treatment.	Cold sores Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels. Conjunctivitis Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly. Head lice & nits You can treat head lice and nits without seeing a GP. Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly. Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.	Impetigo They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school. Ringworm See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment. Scarlet fever They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics. Chickenpox Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	Ear infection If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away. Measles They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system. Vomiting & diarrhoea Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

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